## Park Manor Quail Valley



Labor Day, observed on the first Monday of September, is a U.S. federal holiday dedicated to honoring the contributions and achievements of American workers. The holiday's origins can be traced back to the labor union movement in the late 19th century, advocating for better working conditions and fair treatment during the Industrial Revolution. Today, Labor Day serves as a day of rest and celebration, with families and communities coming together for parades, picnics, and various activities.



### **GRANDPARENTS DAY**

Grandparents hold a special place in the hearts of families, providing a wealth of wisdom, love, and cherished memories. They play a pivotal role in passing down traditions, values, and life experiences to younger generations. Here are some ways grandchildren and grandparents can celebrate Grandparents Day on September 10 together:

- Go to a local park or playground
- Look through old photos or create a scrapbook
- Listen to each other's favorite songs/music
- Draw or make a craft together
- Make a video of them interviewing each other





## **LOVELY MEMORIES PARK MANOR QUAIL VALLEY!**















# BIRTHDAY ZONE QUAIL VALLEY FAMILY!



HAPPY BIRTHDAY NINA



HAPPY BIRTHDAY YOLI



HAPPY BIRTHDAY MR. CRAIG



HAPPY BIRTHDAY WILLY



HAPPY BIRTHDAY GAIL



HAPPY BIRTHDAY CEDRIC



HAPPY BIRTHDAY TONYA



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WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

F B X T C C C Q U H E A R T F S S A S N M K O S S Z R N Y J E Z Y L W A H C C I A Z P K J X P X V A P E J L O B M D M R E E K C O N F I D E N T L I R R A H T Q Y C P P F N U J N Z C C I V U Y W E S E F K T D U I E C L A B O R R O H R Z F Y S D A J B K O A B C F F W U P E U X L I B P K D K B A C L Y E F Q U H D F H H G S C L D M D F A G N P R E V E N T U L J P G I A F N J H E A L T H E S R E R P A G I N G Q J U R E H N G G P D H A R M O N Y Z N V

#### **WORD LIST**

AGING
BALANCE
COCONUT
CONFIDENT
EXERCISE
FALLS
GRANDPARENT
HARMONY
HEALTH
HEART
LABOR
MINDFUL
NEIGHBOR
PEACE
PREVENT