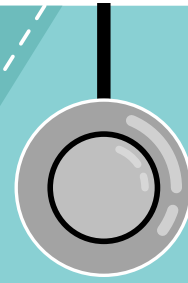
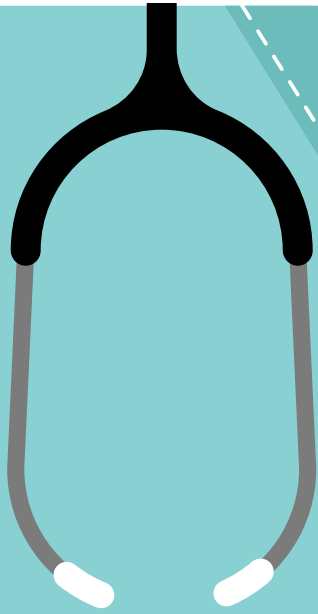


# PARK MANOR QUAIL VALLEY



**CELEBRATING THE  
POWER OF NURSES!  
NATIONAL NURSES WEEK: MAY 6-12**

National Nurses Week is a time to celebrate the incredible impact of nurses and honor the “Mother of Nursing,” Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

**The 2025 theme, *The Power of Nurses*, highlights their invaluable contributions and the profound difference they make every day.** Nurses provide more than care and medical services—they

bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the well-being of those they serve.

**This week, take a moment to show appreciation for the nurses who make a difference.** A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

**From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!**



# Cinco de Mayo

While Cinco de Mayo initially observed the Battle of Puebla and Mexican heritage, it is now a global secular celebration of Mexican culture. This vibrant holiday is honored with parades, mariachi music, folklore tales, and sombreros. Decorations are often showcased in the colors of the Mexican flag (red, white, and green). Festivities may also include enjoying tasty tacos, margaritas, nachos, and more!

Community events during Cinco de Mayo often feature educational workshops and art exhibitions, teaching Mexican culture and history.

**Here are some fun ways to celebrate this year:**

**Craft Decorations:** Craft papel picado (paper banners) to embellish personal or community spaces.

**Enjoy Mexican Cuisine:** Prepare a taco bar where everyone can customize their own delicious meal.

**Cultural Trivia Game:** Engage seniors with a trivia game about Mexican culture, history, and traditions.

**Music and Dance:** Play traditional Mexican music and encourage residents to dance and enjoy the lively tunes together.

**Movie Screening:** Watch a film or documentary that highlights Mexican heritage, followed by a discussion to enhance residents' and families' understanding of Cinco de Mayo.



## ACTIVITY PHOTO HIGHLIGHTS



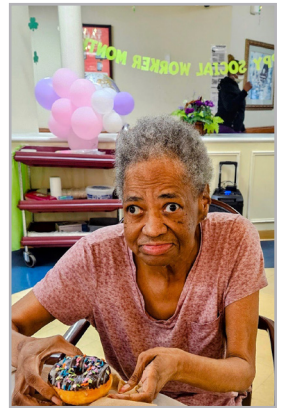
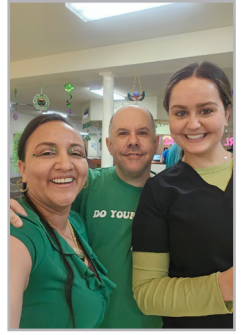
## Flappy Mother's Day

Be sure to take a moment on Sunday, May 11 to honor moms, foster moms, surrogate moms, grandmothers, aunts, and the other important women role models in your life. Let her know how much she means to you by calling or video chatting. Take her out to lunch, or enjoy an afternoon together to celebrate and express your gratitude.





# MORE ACTIVITY PHOTO HIGHLIGHTS







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 Sandra Jackson

**TRANSPORTATION**  
 Lakeshia Thompson



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

T	W	C	C	K	K	P	T	P	B	U	K	P	D	G
I	A	E	I	K	C	N	Y	M	V	P	G	F	N	F
V	F	P	U	N	H	E	Y	W	H	T	P	L	K	F
S	E	J	E	K	C	E	L	C	W	F	U	O	Z	B
D	T	R	M	S	W	O	A	E	X	D	K	W	K	R
R	A	R	W	C	T	B	J	T	B	Y	A	E	Y	H
C	H	T	O	P	T	R	I	H	S	R	G	R	T	O
L	N	Z	Y	K	J	K	Y	L	F	B	A	S	I	N
C	P	S	V	I	E	E	Z	V	C	T	F	T	K	O
S	W	O	M	E	N	B	R	E	M	E	M	B	E	R
T	F	T	Y	M	O	T	H	E	R	S	M	C	Y	U
M	M	P	Y	E	F	V	T	N	U	R	S	E	S	G
S	Y	F	R	P	R	E	S	S	U	R	E	W	Q	O
X	G	U	Z	C	O	N	N	E	C	T	C	D	N	V
I	O	P	C	Z	N	Y	C	Q	W	E	A	V	E	I

### WORD LIST

- CARE
- CELEBRATE
- CINCO
- CONNECT
- FLOWERS
- HEAT
- HONOR
- MOTHERS
- NURSES
- PRESSURE
- REMEMBER
- STROKE
- TAPESTRY
- WEAVE
- WOMEN