

PARK MANOR QUAIL VALLEY



I Scream, You Scream, We All Scream for ICE CREAM MONTH!

Designated by President Reagan in the early 1980s, July is celebrated as Ice Cream Month, which features Creative Ice Cream Flavors Day on July 1 and Ice Cream Day on the third Sunday.

Did you know... the average American **consumes 23.2 quarts of ice cream per year.**

- **The top three flavors are**

vanilla, chocolate, and strawberry, often found in Neapolitan ice cream.

- Other popular flavors include **butter pecan, mint chocolate chip, rocky road, and pistachio.**
- Japan offers unique flavors like **wasabi, sweet potato, and matcha.**

If you could create your own ice cream flavor, what would you include? Would you start with a basic vanilla and add your favorite fruits, candies, or

nuts, or would you start with something unconventional like pineapple-coconut and add bacon bits or hot sauce for a spicy twist?

Looking for something fun to do on a hot afternoon? Host an ice cream social this July for family and friends. Offer a variety of toppings, sprinkles, drizzles, cones, and flavors for everyone to mix and match. Ask each guest to write down their favorite flavor or an imaginary flavor and have fun guessing who belongs to each flavor.



Celebrating Fourth of July

When the Declaration of Independence was signed in 1776, a staged party was planned to celebrate the birth of America and the separation from England.

Colonists, families and towns continued to celebrate the anniversary of this freedom yearly on July 4 with large crowds and festivities. However, it wasn't until 1870 that the Fourth of July became a federal holiday and more than 50 years later became a paid federal holiday.

While the celebrations of the 18th Century were essentially a political movement, today's Independence Day festivities and celebrations are based on freedom, courage, multi-cultural heritage, history, and unity of people.

Modern Independence Day festivities usually include parades, local celebrations, family cookouts, festivals, and fireworks. Be sure to check with your local community to find out what events are being held.



ACTIVITY PHOTO HIGHLIGHTS



HIGHLIGHTS ...CONTINUED



Take Your Text Messages to the Next Level on World Emoji Day

On July 17, celebrate the fun texting phenomenon that is emojis! By definition, an emoji is "a small digital image or icon used to express an idea or emotion."

Designer Shigetaka Kurita is considered to be the founding father of today's emojis.

Fun Fact: The word "emoji" is a blend of two Japanese words: picture and letter.

With emojis, you can add a layer of self-expression and depth to your text messages. Here are several popular ones to try and incorporate:



This emoji is typically not used for something physically hot, but rather to indicate that something is amazing or trending.

Example of how to use:

The volunteer artist workshop event last Tuesday was great! 🔥



The meaning of raised hands can be ambiguous, but is often indicative of praise or agreement about the topic.

Example of how to use:

I agree, the movie night with the family is a great idea for next weekend! 🙌



This emoji is to show intense feelings of extreme sadness or overwhelming joy/happiness.

Example of how to use:

That was my favorite show. 😭
I can't believe it is over.

Are you interested to learn more about emojis, what they mean, and best practices for how they can be used? Visit the website emojipedia.org to learn more.



2350 FM 1092
MISSOURI CITY, TX 77459-1839

Admissions: 281.499.9333
info@parkmanor-quailvalley.com
parkmanor-quailvalley.com

ADMINISTRATIVE STAFF

ADMINISTRATOR
Rodney P. Lege

DIRECTOR OF NURSING
Susan Joy

ASST. DIRECTOR OF NURSING
Gulshan Momin

DIR. BUSINESS DEVELOPMENT
Danielle Daruvalla

DIR. OF ADMISSIONS
Brandi Chargois

ADMISSION CONCIERGE
Roy Kombo

PAYROLL
Audrey Robinson

BUSINESS OFFICE MANAGER
Jazmin Williams

DIRECTOR OF SOCIAL SERVICES
La Vera Davis

DIRECTOR OF REHABILITATION
Varney Karnley

PPS
April Cavazos

MDS
Daysha Domingue

WOUND CARE
Sade Thomas

RESPIRATORY THERAPIST
Pricilla Edwards

UNIT MANAGER
Virginia Cabrera

UNIT MANAGER
Mistie Blue

MEDICAL RECORDS
Kimberly Ferrow

ACTIVITY DIRECTOR
Elina Herrera

DIETARY MANAGER
Anthonique Dugas

DIRECTOR OF MAINTENANCE
Sunny Nguyen

CENTRAL SUPPLY
Phil Fuller

HOUSEKEEPING
Sandra Jackson

TRANSPORTATION
Lakeshia Thompson



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

S	U	N	K	H	U	M	Q	I	P	K	J	V	R	G
P	X	O	M	V	T	I	F	Y	W	A	X	K	R	H
F	B	V	J	B	O	R	E	D	O	M	I	Y	W	I
V	I	X	O	A	X	T	C	N	A	A	G	N	S	L
M	O	X	R	J	A	D	J	E	J	C	N	D	T	X
Q	T	H	M	E	B	B	R	M	E	A	Z	F	A	T
E	I	A	H	T	U	C	N	G	E	R	F	R	R	Q
S	C	F	A	B	E	N	B	O	K	O	V	I	S	S
I	X	F	R	C	R	E	I	T	L	N	Y	E	W	R
Z	T	C	I	O	M	U	K	O	A	I	S	N	F	O
Q	O	P	V	M	U	W	H	L	N	E	E	D	Y	C
S	X	A	X	E	M	O	J	I	E	P	Z	S	B	K
D	L	S	U	J	U	L	Y	H	I	K	X	H	R	S
F	C	N	M	X	N	Y	C	F	V	K	B	I	Q	W
X	X	F	J	S	T	R	I	P	E	S	V	P	F	T

WORD LIST

BOREDOM
CHEESE
EMOJI
FLAVOR
FRIENDSHIP
HEAT
ICE CREAM
JULY
MACARONI
PAINT
REUNION
ROCKS
STARS
STRIPES
SUN